



Leicestershire Partnership 
NHS Trust



Healthy Together

Meet the team!

Cara Du Cros



Lindsey Frank



Anna Knowles



Anna Knowles is your Healthy Child Programme Nurse

You can contact Anna on 016 2153242

Parent Chat Health number is 07520615382

Visit the website www.healthforkids.co.uk





If you need to see the Healthy Child Programme Nurse, appointments can be booked by:

Speaking to your head of year,

Speaking to your tutor group,

Speaking to a pastoral worker or Safe worker,

Completing a referral form,

Texting chat health 07520615387,

Calling the office on 0116 2642693 and will get back to you as soon as possible.

