

Whole school PE overview 2025-2026

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Indoor	First PE	Gymnastics	Multiskills	Tennis Fundamentals	Athletics	Athletics with apparatus
Year 1	Indoor	Gymnastics	Winter Dance	Dodgeball	Mini Muay-Thai	Pirate Fitness	Ball Skills (part 2)
	Outdoor	Ball games	Multiskills	Ball Skills	Football Fundamentals	Outdoor Athletics	Tennis
Year 2	Indoor	Yoga (jungle theme)	Gymnastics	Winter Dance	Mini Muay-Thai	Kwik Cricket	Athletics
	Outdoor	Ball Games	Multiskills	Rugby fundamentals	Football Fundamentals	Outdoor Athletics	Sports Day
Year 3	Indoor	Fitness	Multiskills	Gymnastics	Self-Defence	Egyptian Dance	Athletics
	Outdoor	Netball	Football	Dodgeball	Quicksticks	Swimming	Tennis
Year 4	Indoor	Fitness	Multiskills	Gymnastics	Self Defence	Eco Warrior Dance	Athletics
	Outdoor	Basketball	Football	Tag rugby	Leadership	Swimming	Kwik Cricket
Year 5	Indoor	Fitness	Gymnastics	Multi skills	Mini Muay-Thai	Science Dance	Athletics
	Outdoor	Netball	Dodgeball	Football	Quicksticks	Swimming	Tennis
Year 6	Indoor	Fitness	Gymnastics	Multi skills	Mini Muay-Thai	WWII Dance	Athletics
	Outdoor	Basketball (7 weeks)	Tag rugby	Football	Quicksticks	Swimming	Tennis