



# Launde Newsletter

15 December 2023



Dear Parents and Carers

We would like to thank all the families that have come to see their child perform in their Christmas concert and we look forward to welcoming the parents that are yet to see their child perform.

Our school council have been busy decorating the trees for the school this year. Thanks to all their hard work.



## Diary Dates

Monday 18 December - Y2-Y6 Demontfort Hall Panto

Wednesday 20 December - Foundation & Y1 Curve Theatre Christmas Show

Wednesday 20 December – Year 5 Pantomime 6.30pm in the main hall.

Thursday 21 December – Year 6 Christmas Concert 6.30pm in the main hall.

Friday 22 December – Whole Non Uniform Day.

Friday 13 January – Year 2 Swiftwood Assembly – 9.15am

Wednesday 17 January – Foundation Handwriting Workshop 5pm-6pm

Friday 19 January Bradgate Assembly 2.30pm

Friday 26 January – Sunburst Assembly – 9.30am

Friday 2 February – Fourfold Assembly – 9.30am

Friday 9 February – Striding Edge Assembly – 2.30pm

## Year 3 New Walk Museum Trip

Year 3 children visited New Walk Museum on Monday 4 December. They had an amazing time walking around and learning all about everyday life of rich and poor people in Ancient Egypt, and investigate a variety of 3000 year old artefacts.

**Headteacher: Kathryn Priddey**

[www.launde.leics.sch.uk](http://www.launde.leics.sch.uk)

*Safeguarding is everyone's responsibility. If you have concerns about the welfare of any child, then you have a responsibility to call the First Response Children's Duty Team on 0116 305 0005. Further advice/ support on this can be obtained from school Designated Officers: Ms Priddey, Mrs Meer, Mrs Johnston, Miss Barratt, Miss Mason and Mrs Groenewald.*

## Christmas Carol Singing – Rowley's Court

On Tuesday 5 December, 15 Year 3 pupils visited Rowley's Court in Oadby to sing to the elderly people at the home which was enjoyed by all. Thank you to Francesca from DioSing for supporting our children in this.



## Leicestershire, Leicester City & Rutland Schools Cross Country League 2023

### Saturday 18 November

On a cold and extremely muddy field at Mallory Park, between Hinckley and Leicestershire, ten of our children in Key Stage 2 took part in a cross-country event. For many, it was their first time at such an event, although some of our children ran last year too. As the heading suggests, it involved schools from all over Leicester, Leicestershire and Rutland, which could have been a little daunting for some, but not for our children!

All children were extremely enthusiastic, taking part in several warm up runs, especially because of the long wait between arrival and race times. When it came to race time, our children all completed the course, running between 1.2km (Year 3) up to 2km (Year 6).

Well done to those involved and thank you to parents for bringing their children to the event.

Race results:

| Year 3                    | Year 4                   | Year 5                     | Year 6                    |
|---------------------------|--------------------------|----------------------------|---------------------------|
| Emelia – 85 <sup>th</sup> | Arvan – 51 <sup>st</sup> | Naia – 29 <sup>th</sup>    | Saanvi – 48 <sup>th</sup> |
| Daniel – 43 <sup>rd</sup> | Ryan – 106 <sup>th</sup> | Mehwish – 49 <sup>th</sup> | Anya – 56 <sup>th</sup>   |
|                           |                          |                            | Zain – 66 <sup>th</sup>   |



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## Girls Football Match

Our girls played their first league match of the season against Langmoor Primary. It was a great opportunity for most of our squad to get a run out! Fourteen of our girls took part, with every single girl playing their part, getting involved and not shying away from the ball or action!

During the first half, Langmoor managed to break through our defence to score their first goal. Shortly after, they scored again. However, our girls were not discouraged and immediately responded through a goal from Delbir, who took a shot successfully from distance.

With most first half players being swapped at half time, the second half was a goalless affair but certainly massively entertaining, with the Langmoor keeper making several saves in succession to unfortunately deny our girls another taste of goal. Our defence was extremely solid during this half, with special mentions to Maya for her clearances, Anya for her good ball handling skills and Hooria, who I am awarding player of the match to. She sniffed out all chances from the opposition in that second half and held her defensive position very well.

Overall, I am extremely proud of our girls, for playing so brilliantly together as a team and providing such an entertaining match, with many spectators commenting upon this too.

Thank you, parents for coming to support.

## Move it Boom!

The Move it Boom has now finished. Once again, thank you to all our children and families who have been taking part. From our last newsletter (17.11.23) our position was 9<sup>th</sup> in the county which out of hundreds of schools is fantastic, as I'm sure you'll agree. Once we have been sent the information as to where we have come, we will be sharing this with you. Thank you for your support.

## Table Tennis

As a school we would like to say well done to Veer for achieving a bronze medal in the Individual Table Tennis tournament held on 2 December which had 64 participants from different schools. He participated in the U11 category, and he was the youngest entry for this competition.

He showed great skill and determination in his matches, and he managed to tie for the bronze medal with a 12 year old boy. He is only 8 years old and he has achieved this remarkable feat. It was a very competitive and challenging event, but Veer showed great skill and determination. One of the coaches was so impressed that he joked that we should book our tickets for the next Olympics to see Veer play!



## Fund Raising

**Christmas Jumper Day** – Thank you to all the children and parents that donated last Friday for Save the Children which we raised £472.09.



**Cake Sale Bake Day** – Thank you to all the parents and families that generously baked and donated cakes for Save the Children Gaza Fund, we raised an incredible £3272.65.

Thank you for your generosity for these two occasions.

**Headteacher: Kathryn Priddey**

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*Ms Priddey, Mrs Meer, Mrs Johnston, Miss Barratt, Miss Mason and Mrs Groenewald.*



## Launde Parents Group – Christmas Fair

Thank you to all the parents and children that attended the Christmas Fair this year, we raised £730.90, many thanks for your support and thank you to Launde Parents Group for organising this.

## Young Writers Awards

We would like to congratulate Abdullah and Bahisht who have been chosen to have their poems published in books showcasing young writers work called “This is me” Acrostics – Brilliant Rhymes and “This is me” – My Thoughts, My Feelings.

This is an incredible achievement to be selected from hundreds of children nationally. We are very proud of these budding authors.

### Basketball

Bouncy, black basketball.  
Active bodies help  
Supreme fitness.  
Know your aim.  
Enjoy the game  
Touch, tap and try.  
Boisterous fun and  
Aching arms.  
Long-lasting playtime.  
Loyal, lovely people, have some fun.

Bahisht Imran (6)

### Learning Is Fun!

Learning, learning is so fun,  
It is good for everyone,  
With this knowledge, you can grow,  
To keep you like a pro,  
Your brain gets stronger,  
And won't be stopped by laziness any longer,  
Science is the best,  
Better than the rest,  
You should do maths, you really should,  
As for me, it is quite good,  
History is cool,  
Just remember, the Romans didn't always rule,  
English is a breeze as it gives a lot of ease,  
Be the best you can be,  
Try to be just like me!

Abdullah Khan (8)

## Attendance

Attendance has slightly dropped. We are at **95.40%** which is still above the national. Keep up the good work!

This week the awards go to: **Bramblewood 93.19%** class attendance and **Watership Down 98.89%** class attendance – well done!

## Ofsted Meeting

Just a reminder that the parent meeting regarding the Ofsted Report with Mr Sam Coy CEO is on Tuesday 19 December in the school main hall.

## Christmas Cards

A reminder if your child wishes to send Christmas Cards to their friends in school, there is a post box in reception for your child to place their cards. Please make sure that the child's name and class name are on the front of the envelope. The last posting date will be Wednesday to ensure they are all delivered on time.

## Non Uniform Day

On Friday 22 December all children can come in non uniform for end the term celebration and for working so hard this term.

## Lost Property

On Monday any item that is in the lost property container will be displayed in the hall after school if you wish to come and have a look if your child has lost any items, after this all clothing will be sent to a local charity.

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# WINTER ACTIVITY CAMPS



**MULTISPORTS  
ENRICHMENT**

**ARTS AND CRAFTS  
TEAM BUILDING**

**FOOTBALL & FUTSAL  
SOCIAL SKILLS**



**SFK\_MULTISPORTS**



**SFK MULTISPORTS**

**FREE PLACES IF YOU ARE ELIGIBLE FOR  
INCOME BASED FREE SCHOOLS MEALS**



homebargains • 30m

...



108 likes

homebargains Home Bargains is running a competition for all Primary School children to design next year's Alder Hey Charity Christmas Cards! 🎄❤️

The 12 winning designs will be manufactured and sold in our stores for Christmas 2024 with all profits going to Alder Hey Children's Hospital PLUS each winning artist will receive a £100 Home Bargains Voucher and a craft hamper for their school! 🎁

To enter visit: <https://bit.ly/2K1MEk>





# CHRISTMAS WELLBEING NEWSLETTER 2023

As we approach the end of 2023, we may take time to reflect on the last 12 months. You may have faced new challenges, changed the way you have lived and how you connect with each other and looking after our physical and mental health has never been as important. The information, tips and links you will find within this newsletter are designed to support your whole family (adults and children) to improve their overall wellbeing through opportunities that are linked to the '5 Ways to Wellbeing'.

Launde Primary School would like to wish all our families a  
Merry Fitmas & a Happy New Year!



## Connect

Connect with other people.

Make and send a Christmas card:  
Christmas is a time of goodwill.  
It is a time when people make an effort to think of others, particularly those who might be finding this time of year difficult. Why not make a Christmas card for someone who might be on their own, who's family are far away and unable to be with them or who might be finding it a particularly sad or stressful period.  
What kind words can you say that might make a difference to how they are feeling?

Take time each day  
to be with your family:  
try to arrange  
a fixed time to eat  
dinner together.  
Arrange a catch up with  
friends and/or family.



Decorate your bike to win prizes!

Traffic-free, Floodlit, Free & Family-friendly!

## Ride with Santa!

WITH BRITISH CYCLING & RIDE LEICESTER

THURSDAY  
14th DECEMBER  
8pm - 8pm

at LEICESTER CYCLE CIRCUIT

Bikes available to borrow. Book one here: 





Learn new skills.

Learn to draw: Check out Art for Kids Hub YouTube Channel. Lots of art lessons, perfect for any age and even more fun to do together as a family.

All you need are a few basic supplies! Make a start on the Winter and Christmas Art projects Learn to orienteer:

[www.youtube.com/playlist?list=PLno03k54vcBRD+ZR\\_zGWMFZECXx-ORI2Yc](https://www.youtube.com/playlist?list=PLno03k54vcBRD+ZR_zGWMFZECXx-ORI2Yc)

Join the world's largest treasure hunt with geocaching! 3 steps to begin your adventure: 1) Create a free geocache account online through the official geocaching app to view a map of geocaches near you. 2) Use the app to navigate to a geocache nearby. Once you find the treasure (geocache) log your experience online! Find out all you need to know via [www.geocaching.com/play](https://www.geocaching.com/play)

## HEALTHY CHRISTMAS FRUIT PLATTER

### Santa Bananas:

- 4 bananas
- 6 strawberries
- 6 red smarties or m + m's
- 6 mini marshmallows
- 22 chocolate sprinkles
- 6 skewers



Cut 3 bananas in half, widthways. Cut the remaining banana into slices (6 slices). Thread one of the banana halves onto a skewer. Then piece a slice of banana followed by a (hulled) strawberry hat and mini marshmallow. Gently press the red smartie into the banana to create the nose and 2 chocolate sprinkles above the nose for the eyes. Repeat with remaining ingredients. Should make 6 Santa's!





12 Days of Fitmas Challenges: Take part in our 12 days of Fitmas! We would love to see you all being active over the Christmas holidays. Please keep us updated with your efforts.



## 12 Days of Fitmas



|  |  |  |  |   |
|--|--|--|--|---|
| <b>Santa High Knees</b><br>Do 10 high knees<br> | <b>Gift Balance</b><br>Balance a book on your head<br>                          | <b>Gingerbread Jumps</b><br>Do 10 jumping jacks<br>                           | <b>Candy Cane Claps</b><br>Jump in the air and clap<br> | <b>Elf Dance</b><br>Dance like a mischievous elf<br>           |
| <b>Bell Sit-Ups</b><br>Do 10 sit-ups<br>        | <b>Reindeer Run</b><br>Gallop like Rudolph<br>                                  | <b>Decorating the Tree</b><br>Stand up tall and crouch down low 10 times.<br> | <b>Snowman Squats</b><br>Do 10 squats<br>                | <b>Santa Star Jumps</b><br>Do 10 ten star jumps to warm up<br> |
| <b>Snowman Push-Ups</b><br>Do ten push-ups<br> | <b>Wrap Presents</b><br>Sing or play some Christmas music - do a hand jive<br> |  |  |   |



24  
DEC

### Kids Christmas Party

Sun, 16:00

The Royal British Legion, 4A Wigston Rd, Oadby  
Leicester



### Pay attention to the present moment (mindfulness).

**Positive Paper Chains:** Making paper chains is a calming activity that can be done alone or with others. They also make great decorations.

**Mindfulness Challenges:** Have a go at some Christmas-themed mindfulness colouring! From stockings to baubles through to holly and snowmen – take a moment of calm each day and colour - <https://jmp.sh/FdCqTfW>

**Yoga in a Winter Wonderland:** Bend like a candy cane! Balance like a Christmas tree... Enhance your physical and mental wellbeing through some winter-themed yoga - <https://jmp.sh/XLe7GHm>

28  
DEC

### Festive Jumps Family Fun Day

Thu, 10:20–16:30

Leicester Racecourse, Leicester Rd, Oadby  
Leicester



## 5 Ways to Wellbeing

