

# Launde's Skern Trip 2024



# Why return to Skern Lodge?

- Tried, tested and trusted
- Facilities above and beyond
- Value for money
- Experience
- High standards
- Rewarding

# Aims

- Team building
- Self confidence
- Organisation
- Maturity
- Leadership skills
- Test themselves and meet challenges
- Look after themselves and each other

# Where is Skern Lodge?



# North Devon, Appledore, Bideford.





# What is Skern Lodge?

- **Established in 1976, Skern was set up by two PE teachers and is now a very successful company, who provides education, learning and fun through adventure.**



**Skern's philosophy is simple - guests should have fun and adventure, whilst learning something new and enjoying themselves safely.**

- Adventure
- Enjoyment
- Learning
- Safety

# Why do we choose Skern?

- Safety
- Equipment
- Instructors and instruction
- Accommodation and catering
- Opportunities Devon provides for our children
  - beach



# Safety

- Safety is the prime consideration at Skern Lodge. Licensed by the ***Adventure Activities Licensing Authority*** to provide specified activities under the following headings: Watersports, Climbing and Trekking.
- Not all the activities at Skern Lodge come under the scope of the licence. However, as with all activities at the Lodge, every member of the staff is fully trained and qualified to conduct the activities that they instruct. If there is no national certificate they create their own.
- Not only the instructional staff but also most support staff are first aid trained and DBS checked. This includes maintenance, cleaning, catering and office staff.
- All the catering staff have Health & Hygiene certificates and the catering is regularly appraised by the local Environmental Health Department to ensure **catering and domestic** standards are the highest.

## **What about transport to activities?**

- Many of the activities are on-site. For those off-site then the children are transported in a Skern. These are checked regularly replaced and checked daily and all drivers have PCV licences.

## **What is the ratio on activities?**

- On the majority of activities the ratio is 1:8 but they never exceed the ratio advised by the Governing Body of that sport.

# The Centre



- All dietary requirements are catered for.
- There are three warm and comfortable accommodation areas.



# Around Site

- Outside there are grounds extending to 22 acres, a launderette, games room, lots of activity areas.





# Around the site

- Added to this there is a heated outdoor swimming pool that is used for swimming, pool games and kayak training.



- High ropes course
- Climbing and abseil walls
- Tunnels
- Assault course
- Archery course





# The local area – the Northern Burrows

- Just opposite the centre, a beautiful area the children scramble through during evening activities.



# Kayaking and rafting

- We take groups onto the River Torridge, which is a sheltered estuary.



# Surfing and body boarding at Westward Ho! beach





# Seashore Trail

- The diverse shoreline at Westward Ho! is an ideal place to investigate the many weird, wonderful creatures and organisms found on the coast.



# Normal Day

8am - Breakfast

9am - Activity one

12.30pm Lunch – packed lunch

1.30pm - Activity Two

5.30pm - Evening Meal

7pm - Evening Activity

9pm - Hot chocolate

9.15pm - Bed



# Activities

## Day time

- Seashore Trail
  - Kayaking
  - Rafting
  - Surfing
  - Pool Kayak
  - Tunnels
  - High Ropes
  - Climb and Abseil
  - Archery
  - Team building
- 
- Ratio 1:8

## Evening Activity

Night walk

Swimming

Skern Lodge Olympics

Scavenger hunt

Team games

Beach walk

# Details.....

## **Monday 10th June 2024**

Leave school by **6.45am** and arrive at Skern at around 12-12.30 ready to start our first activity in afternoon.

Return home will be **Friday 14<sup>th</sup> June**. We will leave the centre by 10am, hoping to arrive back to school by 3pm. Text messages will be sent to confirm arrival home time.

Cost will be about £530(including activities, food, coach and spending money)

First payment of **£100** to be paid by the morning of Tuesday 31st October.

Full amount to be paid in instalments of £103 (end of November, January, February and March) via the Schoolgateway.

Full kit list to be provided nearer the time.