

## **Launde Newsletter**

#### 15 September 2023

#### **Dear Parents and Carers**

We are pleased to be well underway at school and see the children settled into their new classes. Thank you for providing a smart uniform for them to wear.



This week's theme in assemblies have been about our behaviour and attitudes linked to our school motto of 'nurturing, happy, resilient, unique individuals'. Our younger children were able to tell me lots of different ways we nurture each other in the classroom and at playtimes. Very impressive start to the year. Mrs Meer asked the KS2 children to quote the motto which they did very well! The children thought about how important uniform is within school and helps us show we belong.

Here are our new posters we have around school to remind us of our school motto and help us be proud of being a member of our Launde family. Our

Nuclation himself fractions, lentque instructions

#### **Diary Dates**

Monday 18 September – School photos

Tuesday 19 September – Year 6 – Twycross Zoo

Tuesday 19 September – Year 3 Uplands Park Trip

Wednesday 27 September

– Year 6 - Skern Parents

Meeting

**CHANGE OF DATE** 

Friday 29 Sept – Year 6 Oakwood Assembly – 2.15pm

CHANGE OF DATE

thanks to Mrs William's husband, for the graphic design skills used to create these as a gift to the school. He is also designing a large sticker for the front entrance for us.

We are ever grateful for the support shown by parents and the investment of time our families put into helping their child flourish during their time at school. I have had some super conversations with parents reaching out to talk and solving things together. All staff are looking at ensuring our partnership is strong this year. We have been delighted by the attendance of our parents at the recent Year 1 phonics workshop last week, and more recently our Y6 afternoon for parents that was an opportunity to meet the teachers, whilst sampling some cakes made by their children. Thank you for all who attended, I hope you enjoyed the opportunity.

#### School Council

Here is a photo of this year's school council members

Our first School Council and Road Safety meetings took place this week. Here is this year's school council team! Each meeting notes are added to the school website for all to look at and for the children to recognize what an important part of the school they are. We listen to the children in many different ways, and these councils are one way for all pupils to share ideas.



#### Keeping Children Safe in School

Mr Coy, Ms Priddey and Mrs Meer chatted to some of the children as part of the Trust review day that took place this week about what the school does to keep children safe. The children were able to explain all about the lanyards, the check in boards in the classroom and how the teachers work with them. They also explained what they learn about in PSHE lessons. They had a lot to share and were able to explain all they learn really clearly.

#### Mrs Ferguson - Condolences

You may remember I wrote to all parents sharing the sad news of Mrs Ferguson's passing. Thank you to those parents who have passed on their wishes and support to the school and her family. Her funeral has been arranged for after school time next week on Tuesday 19 September so there may be fewer staff on site after school on this day. We have arranged it so that after school clubs and Launde Care **can still take place on this day**. Thank you for your understanding.

#### Attendance

Attendance has got off to a good start this year. We are at 97% which is well above the national. Keep up the good work!

Class attendance awards went to Fourfold, Sunburst, Bramblewood, Bradgate and Foxton for 100% class attendance! These certificates were given out in assemblies.

This week the awards go to:- Sunburst and Bramblewood with 99.63% well done. Cader Idris and Watership Down for 100% class attendance – amazing!

#### **Diary Dates**

Next week we have meetings for parents of children who are in receipt of Pupil Premium and those who have additional needs. We are looking forward to meeting you either in person, or by telephone. If you have not yet made the appointment, do contact the office or speak to your child's class teacher. For all other parents, see the diary dates for parents evenings that are taking place the week before half term.

#### School Photos

School photographs are planned to take place on Monday 18 September 2023.

Please send all children into school in their smartness school uniform for this. Individual, class and siblings photos will take place during the school day. Please ensure your child brings their red jumper or cardigan with them as it is a requirement that they wear this over their white top for the school photographs.

If your child has PE on Monday you do not need to send in PE kit as the teachers have planned accordingly.

#### Sporting Achievement

Once again Veer has had an extraordinary successful summer this year in Golf, Tennis and cricket.







Gallops Junior, open golf runner up.

These golf tournaments attract the best handicap golfers in the county. Veer broke some extraordinary scores and shot 44 score to win in all three consecutive tournaments.

Veer has also been selected to for the Leicestershire county @badminton future coaching. And is expected to play for Leicestershire County very soon. This is a marvellous achievement because he's eight years old and he's playing with competitors over 13 years old, five years older than him.

Veer has also been participating in cricket tournament and helped his team to get to cricket finals. He will be going as part of the trials for the Tennis county Championships. We believe this achievement is outstanding. He will be playing for the county team soon.

If your child has any sporting achievements that they would like to share with the school, please email the school office on office1@launde.leics.sch.uk.

#### School Gateway App

Please ensure that you have the school gateway app downloaded to your phone as we use this to send out all correspondence and it is how to make payment for trips/lunches and laundecare.

To ensure that you are receiving notifications please do to the settings on your phone and insure that the notifications on turned on to receive all messages from the school.

#### **Being on Time**



We would like to begin by extending our gratitude to the majority of parents who have consistently ensured that their children arrive at school on time over the past few weeks. Your dedication to punctuality has not gone unnoticed, and we sincerely appreciate your efforts.

However, we have this week, observed an increase in the number of children arriving after our school's official start time of 8:45am.

Research shows that arriving late to school, even by just a few minutes each day, can have a significant impact on a child's academic progress. To put this into perspective, if a child is consistently 5 minutes late to school every day over the course of a school year, they would miss approximately 21 hours of instructional time. This is equivalent to nearly three full school days of learning lost.

We are committed to providing the best possible education for your child, and every minute of classroom instruction is invaluable. It not only helps them grasp important concepts but also fosters good time management habits that will benefit them throughout their lives.

In our effort to maintain a punctual learning school, we will be closely monitoring arrival times from this term. If we continue to see instances of lateness, individual letters will be sent out to address this. Our goal is to work together with you to ensure that every child has the opportunity to maximize their learning potential.

Once again, we thank you for your cooperation. Together, we can create a positive learning experience for all our children. If you have any questions or concerns, please do not hesitate to reach out to us. Your partnership in your child's education is greatly valued.



## **Welcome Back To School!**

Welcome to our Mental Health and Wellbeing Newsletter, a vital resource to support you in nurturing not only your child's well-being but your own as well. In today's fast-paced world, understanding and prioritising mental health has become increasingly important.

Mental health and wellbeing encompass our emotional, psychological, and social well-being. It affects how we think, feel, and act, influencing our ability to handle stress, build meaningful relationships, and make positive choices. Just like physical health, mental health is crucial for overall well-being.

In this newsletter, we aim to shed light on the significance of mental health and wellbeing for both you and your child. We believe that by promoting emotional resilience and providing guidance on fostering a positive mindset, we can enhance the well-being of our entire school community.

Each edition, which will be sent out every half term, will offer valuable hints and tips on how to nurture your mental health and support your child's well-being. We understand the challenges parents face, and our aim is to provide practical advice and resources that can make a real difference in your daily lives.

Together, let's embark on this journey towards better mental health and well-being for ourselves and our children. Your well-being matters, and by prioritizing it, you're setting a powerful example for your child.

Thank you for joining us on this important journey.



#### How you can speak to your children about Mental Health

From Young Minds: Giving our children and young people opportunities to open up is one of the biggest things you can do as parents and carers to support their wellbeing. It can be easy to forget the simple power of sharing what we're going through and feeling heard. But even though you can't fix everything when your child is struggling, you can make them feel seen and understood – and this in itself can make them feel more able to cope.

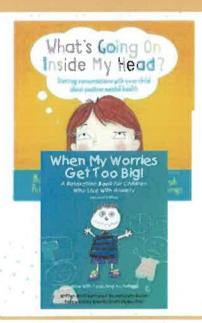
Talking about how they are, how their day has been and what's on their mind as part of everyday family life shows your child that you're interested in them and want to listen. It also supports them to practise thinking and talking about their

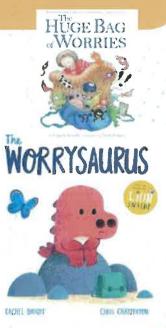
feelings, helping them to get to know themselves and what they need.
But talking isn't always easy. You might feel like you don't know where to start, when a 'good time' is, or how your young person will react. Or, you might be worried about making things worse or saying the wrong thing. If this is the case, try to remember that your child doesn't need you to always get it right - they just need to know you're there.

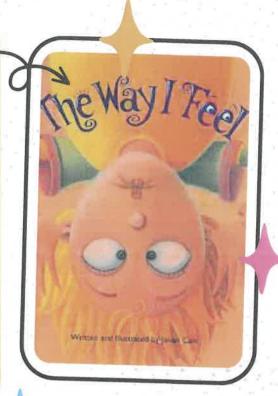
Here, you can find lots of ideas, conversation starters and advice for making talking easier. Please see below links on how to start these conversations with your child: <a href="https://www.youngminds.org.uk/parent/how-to-talk-to-your-child-about-mental-health/">https://www.youngminds.org.uk/parent/how-to-talk-to-your-child-about-mental-health/</a>

# 1 1 1 1 1 1 1 1 1 1

Some books to help you support your children at home









Useful websites (click on image to go through to their website

**NSPCC** 





# WHAT WE DO TO SUPPORT YOUR CHILD AT SCHOOL

- We have a designated Senior Mental Health Lead in school, who is responsibile for promoting wellbeing for our staff and children (Mrs Meer)
- We have 5 designated and trained MHFA's (Mental Health First Aiders) who can deliver targetted support to any children who may need it.
- We have a 'Well Being Team' led by Mrs Merz, who regularly keeps on top of latest research and provides information for children, staff and parents through newsletters, emails, Twitter etc.
- Through regular assemblies children are reminded about safe adults and strategies children can use to support themselves and other around them.
- We have email addresses for all teaching staff, so parents can email any concerns or worries.

Please visit our website for more information

Looking after our mental health



## SUNDAY TRAINING

GIRLS U14/16/18 1pm start (2pm on match days)

ALL OTHER BOYS & GIRLS AGE GROUPS
10am start

MARKET HARBOROUGH



# MINI & JUNIORS



4+ to 18 years

reception through to 18

Be part of the team at

# MHRUFC

FREE TRIA

to all so come and join us for training

To find out more and for training times for your age group email

mhrufc.secretary@gmail.com

1923



MHRUFC'S CENTENARY



2023

Northampton Road, Market Harborough LE16 9HF





One of the nation's top independent all-girls schools in Leicestershire, welcoming girls aged 3-18.

## OPEN MORNING







#### Why choose us?

- Everyone is Someone
- Small Class Sizes
- Academic Excellence
  - Our Girls Embrace STEM Opportunties

30 September 2023 9.30am-12.30pm



## **REGISTER NOW**

leicesterhigh.co.uk



454 London Road, Leicester



NURTURING EXCELLENCE, SHAPING FUTURES