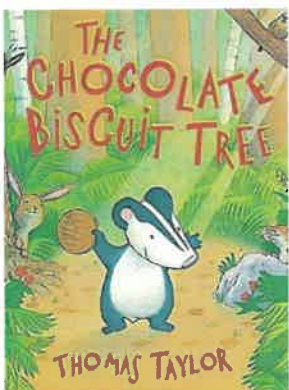




Dear Parents and Carers,

It has been a sunny week as well as a busy week. All external testing has been completed by the different year groups and we are as ever very proud of the resilience shown by our children to 'have a go' and have belief in themselves. We call it a 'can do' attitude in assemblies. The school is a buzz of different activities and learning taking place, both inside and outside the classroom, just as it should be.

We have also had 51 of our Year 6 children experiencing their residential down in Skern, Devon. A wonderful opportunity for the children to take part in activities that many have never experienced, all along side their friends. My thanks go to all my staff who give up time out of hours to support these opportunities for the children, going over and beyond for the children.



Ms Priddey had a lovely time at the Year 1 reading club that is led by Miss Stewart and Miss Smith. She read a book all about Ludwig and a chocolate biscuit to the group. Well done to the children for being such a delight! Great to see the older children from Launde care coming over to be reading buddies as well! Sharing stories together is a wonderful time as I am sure you will agree. Our children do

often say how they enjoy time reading with their family at home. It is a special time and one where they learn so much about relationships through the characters.

## Diary Dates

Monday 19 June – Year 3  
Striding Edge Trip - Walk around Oadby

Tuesday 20 June – Year 3  
Striding Top Trip- Walk around Oadby

Wednesday 21 June – Summer Fair – 2.30pm - 4.30pm

Thursday 22 June – Year 3  
Bradgate Trip– Walk around Oadby

Tuesday 4 July – Year 1 & Year 2 – Sports Day AM 9.30-11.00 – **All Year 1/Year 2 children to come in PE kit this day**

Wednesday 5 July – Year 4  
Beaumanor Hall Nature Day Trip

Wednesday 5 July – Foundation – Sports Day AM 9.30-10.30am – **All foundation children to come in PE kit this day**

Thursday 6 July – Year 3 & Year 4 – Sports Day PM 1.30-3.00pm – **All Year 3/Year 4 children to come in PE kit this day**

Thursday 6 July – Year 6  
Leavers Assembly 6.30pm

Friday 7 July Year 5 & Year 6 – Sports Day AM 9.30-11.00am – **All Year 5/Year 6 children to come in PE kit this day**

Thursday 13 July – **Last day of school**

Keeping our children safe whilst they are on site is a responsibility we take very seriously and we are continually observing, evaluating and reviewing our practices and systems. We are tightening up who is let on site and when to ensure we operate the best practice as possible. This may be inconvenient for parents and staff however we must ensure children are at the heart of all we do.

We apologise in advance if any annoyance is created but please bear in mind that children are at the heart of all our decisions. Thank you for your understanding in this. In the summer holidays, we are planning further adaptations to the site with the erecting of additional fences to make sure we are adhering the best practice possible and to allow children to move between the buildings more freely during the school day. We will share more details when plans are confirmed nearer the time.

## Summer Fair – Wednesday 21 June

Summer Fair is next Wednesday 21 June 2.30pm-4.30pm. Thanks to those who have come up to sign up already. Your time and support is much appreciated. There are lots of slots left if anyone else could help out. Please pop up to the office. A reminder: Launde Care is in **Watership Down**. They will not be going around the fair until parents come to take them due to supervision



I am sure your children have said that Miss Sandhu's gift to the children was bouncy castle session for them all. We are planning this for next Wednesday and Thursday. Each class will have their own slot during the school day for the children to go to the bouncy castle with their teacher and have a bounce in groups of 6. Obviously, if the weather is poor this will be rearranged. There will be a letter coming out about this so any parent who does not want their child to take part, can let us know. Thank you.

## BAG 2 SCHOOL

Attached is a flyer regarding the bag 2 school theme which collects unwanted clothing and the school receives payment based on the weight of the donation. Bags are to be delivered to the school office on Tuesday 27 June ready for the collection. The money raised will go towards the trim trial project.

## Attendance



This week the classes with the highest attendance in KS1 is **Rainbows End**.

The class with the highest attendance in KS2 this week are **Striding Top**.

**Congratulations!**





**Launde  
Parents Charity  
Group**



# SUMMER FAIR

Wednesday 21st June  
2:30pm-4:30pm

THERE WILL BE

- a bouncy castle
- lots of tasty food
- lots of drinks
- games
- stalls

and much more!

We are raising money for the outdoor wooden trail play equipment.

Parent volunteers needed-Please sign up at the office

**Cash Only**

**Please bring change !**

POP  
CORN





# BAG 2 SCHOOL

## FREE FUNDRAISING FOR SCHOOLS

In partnership with your school or organisation



Launde Primary School

Bag 2 School is a company that specialises in the reuse and recycling of good quality second-hand clothing and we have arranged to make a collection from your school. All the bags will be weighed and you will be paid for the total weight collected. Remember, the more you collect the greater the benefit to your school.



PLEASE USE YOUR OWN BAGS (THERE IS NO LIMIT).

When the clothes have been removed from the bag the plastic will be packed and sent for recycling.

*We are collecting good quality items for RE-USE:*

**Men's, ladies' & children's clothing, paired shoes, handbags, belts & accessories.**

*(No uniforms, workwear, pillows, duvets or pieces of fabric please)*

***The more we weigh the more we pay!***  
*Extra bags are welcome - there's no limit*

***Please return your Bag2School on:***

Wednesday 28th June 23 by 9am



01609 780 222



[www.bag2school.com](http://www.bag2school.com)



[helpdesk@bag2school.com](mailto:helpdesk@bag2school.com)



# NUTRITION & HEALTHY EATING

South Leicestershire School Sports Partnership Newsletter



## WHY IS HEALTHY EATING IMPORTANT?

Eating a healthy, balanced diet is essential to maintaining good health and helping you feel your best. This means eating a wide variety of foods in the right proportions, and consuming the right amount of food and drink to achieve and maintain a healthy body weight (NHS, 2019).

The **NHS Eatwell Guide** is based on the 5 food groups and shows how much of what you eat should come from each food group. More details are below.

- Eat at least 5 portions of a variety of fruit and vegetables every day.
- Base meals on higher fibre, starchy foods like potatoes, bread, rice or pasta.
- Include some dairy or dairy alternatives, such as soya or almonds.
- Introduce beans, pulses, fish, eggs, meat or meat free protein such as Quorn.
- Choose unsaturated oils and spreads and eat them in small amounts.



Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland

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Ref: NHS

Click  to find out more!

## STAY HYDRATED

Children aged 4 to 13 should aim to drink approximately 6-8 glasses of water every day. Water helps keep joints healthy, its great for teeth and helps circulate blood. Water helps the mind too, staying hydrated helps with concentration and focus.



## ENCOURAGING HEALTHY EATING HABITS

- **Be a role model** Children tend to imitate, if they see you eating a wide range of healthy foods, they are more likely to try a variety of foods. Eating as a family also helps to encourage healthy habits.
- **Healthy snacks** Have healthy snacks available between meals, such as fruit, vegetable sticks or rice cakes. Change4Life have lots of healthy snack ideas, click [here](#) to find out more!
- **Get children involved** Research has shown that allowing children to get involved with food preparation and cooking encourages them to eat a wider variety of healthy meals. Change4Life have a host of Healthy and delicious meals to make together, click [here](#) to check out the recipes!



For more information on how you can make a breakfast swap, a lunchbox swap or a snack swap, click [here](#)!

- **National Carers week**  
6-12th June
- **Bike Week** 8-15th June
- **Healthy Eating Week**  
(British Nutrition Foundation) 12-16th June

*Key May dates*



The British Nutrition Foundation Healthy Eating Week 2023 takes place from the 12-16th June. Click [here](#) to find out more and download useful resources

## LET'S GET SOCIAL!



@slssp



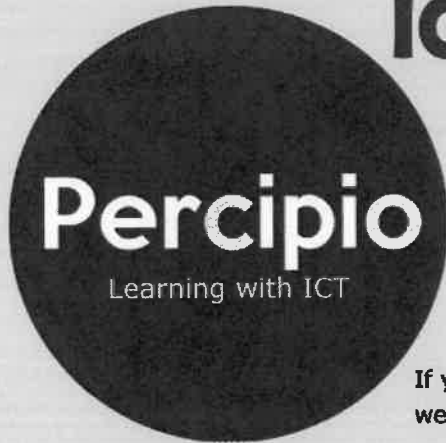
@learningsouthleicestershiressp



@southleicestershiressp



**ICT SUMMER CAMP – JUDGEMEADOW  
COMMUNITY COLLEGE**



**ICT Summer Camp**

@ Judgemeanow Community College

Monday 24th July - Friday 28th July &  
Monday 31st July - Friday 4th August  
8:30 - 3:30 Each Day, can extend till 4:30

Minecraft, App building, Microsoft skills, Website building,  
Coding, Game making and much more...

If you feel your child would enjoy this then please visit our  
website and "Express your interest" at [percipio.org.uk](http://percipio.org.uk)