



Launde Newsletter

5 May 2023

Dear Parents and Carers,

We have had a lovely couple of weeks here at school enjoying the lighter mornings and brighter weather. At the school council meeting they were sharing how happy they were at school and enjoying the different subjects and topics they are doing. It is always a super opportunity for me to hear what the children think of school and the lessons they receive. It is important for staff at Launde to support the pupils to feel they have a voice, whether on stage or within class. We also have a Road Safety Club to run by our year 6 pupils. They led assemblies this week and have introduced a competition to highlight the importance of keeping safe, especially as it is more likely that we are all out and about now the weather is better. Thank you Road Safety Team!



Diary Dates

Monday 8 May – BANK HOLIDAY
FOR KING'S CORONATION

Friday 12 May – Poppyfield
Assembly 9.30am

Friday 19 May – Sunburst
Assembly 9.30am

Friday 26 May – **TEACHER DAY –
CHILDREN NOT IN SCHOOL**

Monday 29 May – Friday 2 June –
Half Term

Monday 5 June – all children back
at school

Monday 5 June – Year 5 Space
Centre Trip

Friday 9 June – Strath Avon
Assembly 2.15pm

Monday 12-15 June Year 6 Skern
Residential

New School Books

We have been pleased to be sent 4 huge boxes of brand new books for our children to read. Thank you to a parent who alerted to Mrs Cooper for seeing the opportunity online and organising this. Mr Woodhead was ever so excited for the children!



Thanks to the Year 3 staff and children for their thoughtful and professional festival assembly we shared today. As always, so lovely to share these special occasions with parents and remind yourselves of the importance of understanding the different faiths practised within our school community.

Kings Coronation Celebration

The King's
CORONATION

MAY 6, 2023

This weekend our country's new King will have his coronation. This is a very special and rare event. Please do watch out for it on tv on Saturday as it will be televised. The Coronation of HM The King will be broadcast live on BBC One, BBC Two and BBC iPlayer from 07:30am. The service begins at 11:00am in Westminster Abbey. At 13:00pm, the King and Queen will leave Westminster Abbey in a ceremonial procession through London back to Buckingham Palace, joined by other members of the Royal Family.



At school we will be marking this special occasion next **Friday 12 May**. Children can come to school dressed in the country flag colours of red, white and blue. We will have an afternoon together as a whole school on the field where the children will bring flags or hats that they have been making during the week in preparation for this. We will give each child a cupcake and gift to mark this special occasion.



Sporting Achievement

A huge well done to the Year 3 children who took part in Gartree High School's multi-sports competition on last Wednesday. The children participated in a range of activities along with other schools in Oadby and Wigston, and were awarded the Spirit of the Games award for their positive attitude and team work. Well done!

Miss Moore

Netball Tournament

On Tuesday, a team of 9 children from Year 5 and 6 took part in a Netball tournament held at Manor High School. They played extremely well against many other primary teams and implemented all their skills learnt in training. They did an amazing job, and they should be extremely proud of themselves for overcoming all the challenges they faced. They showed great teamwork and communication skills between them, very well done to all who came and a massive thank you to those parents who came to watch and support!

Miss Parker

Attendance



This week the classes with the highest attendance in KS1 is **Fourfold**.

The class with the highest attendance in KS2 this week are **Striding Top, Rosewood & Oakwood**.

Congratulations!

Spare Uniform

Please can we ask if you have any spare joggers or sweatshirts for the following sizes 22,24,26,28 that you no longer require, the school would be very grateful of any donations. We would like to ask that they are cleaned and in a good condition.

Before & Afterschool Spaces

Clubs with spaces still available

We still have places available in the following clubs:

	Premier Education 8.00 – 8.50 (Old hall)	Totally Sported 3.15 – 4.15 (New hall)	S10 Future Stars 3.15 – 4.15 (ball court)
Monday	Years 5 & 6 fencing	Years 5 & 6 multiskills	
Tuesday			Years 5 & 6 girls' football
Wednesday	Years 3 & 4 fencing		
Thursday	Years 5 & 6 gymnastics		Years 5 & 6 boys' football

Each session costs between £4 and £5.

Premier Education clubs can be booked directly through their website:

<https://www.premier-education.com/parents/venue/courses/10818/?location=LE2%204LJ>

Other clubs can be booked via the office.

Many thanks,
Mr Mukadam.



BODY IMAGE

South Leicestershire School Sports Partnership Newsletter



May 23

WHAT DOES BODY IMAGE MEAN?

Body image is a person's perception of their physical self and the thoughts and feelings; positive, negative or both.

HOW BODY IMAGE CAN EFFECT CHILDREN AND YOUNG PEOPLE?



A negative body image can influence a child or young person in many ways. This can include: lower self-esteem, lower levels of confidence, increased levels of anxiety, depression or low mood, poor self-perception, critical self thoughts, social isolation or withdrawal.

SPOT THE SIGNS

**MENTALLY
HEALTHY
SCHOOLS**

Find out
more here



It's normal for children and young people to compare themselves to others, however there are signs to look out for that may suggest a child or young person has an unhealthy view of their body.

Mentally Healthy Schools have put together these signs to watch out for in children and young people:

- Feeling overly worried about how they look
- Wanting to cover up parts of their body because they feel self-conscious
- Not wanting to change or take part in physical education (PE)
- Being bullied for the way they look – or their peers making negative comments
- Having rigid thinking patterns about what is 'good' vs 'bad'
- Refusing types of food because "it makes me fat!"
- Changes in their social functioning or interaction
- Changes in mood
- Control of eating



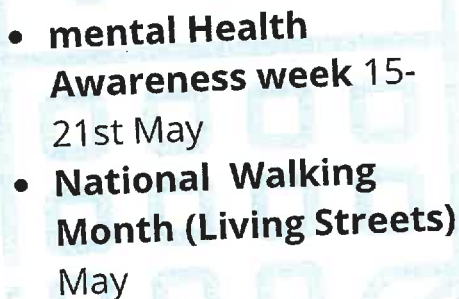
ADVICE AND SUPPORT

YOUNG MINDS


Concerns over body image can take a huge toll on the mental health of children and young people. Young Minds have lots of advice and support on their website, check it out [here](#)



The Mind website contains information about eating disorders, including possible causes, symptoms and how to access treatment and support. Find out more [here](#)

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- **mental Health Awareness week** 15-21st May
 - **National Walking Month (Living Streets)** May

Key May dates



If you have any concerns regarding eating disorders, the NHS website has lots of advice for parents and carers [here](#)



Mental Health Awareness week runs from 15th to 21st May 2023

Hosted by the Mental Health Foundation, the aim is to educate the public about mental health issues and to promote better mental health. You can find out more [here](#)

LET'S GET SOCIAL!



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